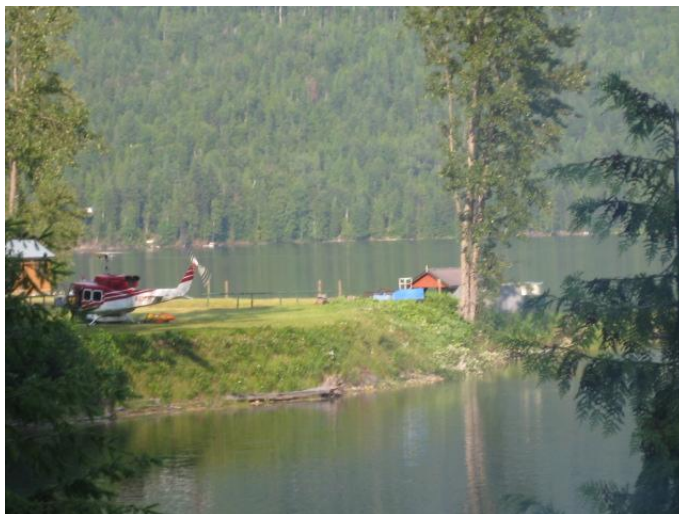


August 1st 2009,
Hello everyone from Sugar Lake,

As I stand on my deck and look out to the left I get to see all the action that is taking place with the helicopters. The helicopters are busy today as we had a lightning and thunder storm last night - consequently there must be a lot of spot fires as they are flying back and forth every few minutes carrying water bags with water.



Well we have ended with a GREAT MONTH END with our ZYTO COMPASS'S AND WITH NATURES SUNSHINE HERBS.

Congratulations go out to SUE & KEN who bought their ZYTO COMPASS early in July. In July I had the pleasure of traveling for ten days up NORTH with SUE & KEN introducing the ZYTO COMPASS AND NATURES SUNSHINE HERBS TO MANY. SUE closed the month end as a MANAGER with NATURES SUNSHINE and sold SEVEN ZYTO COMPASSES. SUE not only became a MANAGER during the month of JULY with NATURES SUNSHINE but she assisted two others, who bought the ZYTO COMPASS'S and they also became NATURES SUNSHINE MANAGERS.

A total of 5 new NATURES SUNSHINE MANAGERS sprouted in the month of July . Congratulations to them all. SUE, PETER, ZOYA, MARLENE & KAREN.

The ZYTO COMPASS is REVOLUTIONIZING on how we can assist clients to go on wonderful NUTRITIONAL SUPPLEMENTATION programs UTILIZING NATURES SUNSHINE PRODUCTS AND the clients when scanned feel very confident in the results that have been found as often the scan has confirmed what they already have known.

My GRATITUDE and CONGRATULATIONS to all THE NEW PEOPLE WHO HAVE COME ON BOARD THIS MONTH and are TOUCHING THE LIVES OF OTHERS and to EACH AND EVERYONE PAST, PRESENT AND FUTURE WHO IS PART OF MY SUCCESS TEAM.

I have attached DONNA ROTH'S newsletter as it is loaded with a lot of good info.

Don't forget our BUSINESS TRAINING CALL with DONNA ROTH - SATURDAY AUGUST 1ST 2009 AT 9 AM - TEL # 712-451-6100 PIN# 621224#.

Blessings Kathy Deane DNM
HEALTH EDUCATOR
250-547-2281 email nwhhi@junction.net



Donna Roth wrote:

From The Desk of Donna Roth August 2009

Donna Roth 250 764 2852 * www.donnaroth.com* kdroth@shaw.ca

WHY HAVE 10,000 DISTRIBUTORS ACROSS CANADA JOINED NATURE'S SUNSHINE?

1. They have all healed their sick bodies by faithfully following a herbal program using Nature's Sunshine Products after nothing else worked for them and after the conventional medical approach bluntly stated "You will have to live with this for the rest of your life"
2. They have all made a decision to take the responsibility for the health of their bodies into their own hands instead of dropping their sick bodies at the doorstep of a medical doctor.
3. They have chosen Nature's Sunshine Products because the quality is superior to anything else on the market.
4. They have realized that with NSP you follow a lifestyle program not just take a product.
5. They have become educated through the excellent educational services and opportunities offered by NSP Canada and by individual NSP Managers.
6. They have obtained additional and in many cases substantial incomes through the sales of NSP products.

Many of you have walked into a health food store and faced walls of herbs and walls of vitamins and minerals. The choices are overwhelming. The education is limited and sporadic and the advertising is sensational. The quality of the products is questionable and really unknown. Yet you are desperately seeking for a herbal solution to a nagging health issue with no real answer as to the correct quality supplements that you may need to address your specific problem area. Donna Roth says, "STOP and JOIN us in Nature's Sunshine. We can now provide you with your very own individualized quality controlled herbal program.

Let me tell you how. Recently Zyto, a new technology formulated by Dr. Vaughn Cook, has been introduced into Canada by Donna Roth. The Zyto Compass, through a galvanic skin response using a hand cradle, scans biomarker energies of your body, records energies that are out of balance, and correlates these out of range energies with a customized optimum Nature's Sunshine herbal program in the correct sequence individualized for your body's nutritional needs. In other words a Zyto Compass scan provides you with a customized NSP herbal program. Included with the scan report is educational information about the various herbal products. (below is a copy of a typical scan report)

The Zyto Compass technology also provides interested persons with an excellent tool for a great business

opportunity. It is relatively inexpensive, very accurate and requires only 5 minutes to complete a Zyto Compass scan.

IT'S WAY CHEAPER TO STAY HEALTHY THAN TO BUY MEDICINE !
WHAT PRICE IS YOUR HEALTH ?
YOU DON'T APPRECIATE YOUR HEALTH UNTIL YOU DON'T HAVE IT.

Herbal Testimonials

SKIN RASH

One lady had red itchy blistery type spots on her skin that looked like psoriasis. She applied *Pau D'Arco lotion* and *Silver Gel* to the affected areas about twice a day and they were gone within 2 weeks. She found when the skin was really itchy she would apply the lotion more often and found that the itchiness totally subsided. She also used the Pau d'Arco lotion to her brown liver spots and the spots disappeared.

***PAIN IN SHOULDER ***

One lady experienced a strange pain like a hot knife piercing her shoulder blade and going through her right breast causing breast tenderness. At times it traveled down the right arm and caused tingling fingers. The pain was so severe that she had to resort to pain killers. She then decided that she would pursue an herbal program and she took

Cat's Claw* 4/2times a day, *RE-X* 4/2 times a day, *Mineral Chi Tonic* 2 T a day,* Zambroza* 2 T a day and* Herbal Ca*.

Within 10 days the pain cleared up and she is now sleeping well without any pain.

HOT FLASHES

One lady found that taking *Collatrim* 6 / 2 times a day kept those annoying hot flashes away.

***SHINGLES ***

A very painful case of Shingles was cleared up by using*

HRP-C *about 4 /3 times a day, RE-X 4/2 times a day and* Chinese Mineral Chi Tonic* 2 oz a day.

INFECTED GUM ON DOG

ONE dog had an infected tooth with sore red gums. About a quarter of an eyedropper of *Silver Shield* was applied to the affected gum twice a day . In two days the gum was healed and the dog was eating again without any pain.

ASTHMA One man takes *SN-X* 2 a day in the morning and finds that >> it controls the wheeziness he usually gets from asthma. He also takes 2 T of *Mineral Chi Tonic* a day along with chlorophyll/*water and 2 T *Zambroza*. He has also done a program of *Marshmallow /Pepsin*, *Bifidophlius* and *Papaya Mint* and reports that he has not had to take any asthma inhalers now for 4 years.

CHOLESTEROL One lady was diagnosed with a high cholesterol problem and her program for 6 months included* Cholester Reg11*,* Chinese Mineral Chi Tonic*, *Flax* *Hull Lignans, Lecithin, ULC-R* for a troubled stomach and* KB-C* for the kidneys. She then had her cholesterol levels checked one more time and the cholesterol levels are now back down to normal.

BREAST CANCER Linda was diagnosed with breast cancer in Sept. / 2007 and she was told she

would have to go on a 6 month waiting list for surgery. She was frantic. But her son introduced her to a healthy eating plan with no sugar, no yeast, no wheat, and to the Paw Paw program as outlined in *Practical Solution to the Cancer Injury* , *Manual* by Donna Roth. Linda took 8 *Paw Paw* a day along with *Protease Plus* on an empty stomach, *Chinese Mineral Chi Tonic*, *Flax Lignans,* and *Super Oil.* Drinking coffee was replaced with *Green Tea.* She also worked on the Scio with her son. When Linda was called to have surgery she underwent a series of 12 x -rays looking for the tumours but the doctor could not find any cancer or tumours. However she was convinced by her doctor that surgery was a necessary step and reluctantly she agreed to have breast surgery. The surgical procedure led to yet another problem . Within a few days Linda noticed a pink spot in the surgical area that soon turned to red and she was told that now she had a staph infection. Linda applied *Silver Gel *to the staph infection many times a day and the infection cleared up in 6 days. Looking back at this situation Linda soon realized that the breast surgery was really not necessary at all and that there was a lot of stressful scare tactics placed upon her to have surgery. She wonders what was found in the surgery when in fact she was told that the x rays showed that there were no tumours at all in the breast area. Today she is cancer free.

SKIN CANCER

One day in January, 2009 one man noticed a skin outbreak and this skin condition soon progressed to a very serious looking boil type itchy painful rash. A visit to the doctor told him that he had a case of skin cancer. The doctor was thanked for the diagnosis and this man went home to start a very serious herbal cancer program. The program included *Paw Paw* 12 a day, *Protease Plus *on an empty stomach. *Super Oil* about 4 a day*, Silver Shield Liquid* 3 tsp a day. Every day several times a day Silver Gel and Pau d'Arco lotion were applied to the rash to alleviate the itch. This procedure continued for 4 months and in May, 2009 the skin condition was totally cleared up.

HEAD PAINS

One man had developed pains in his head. He had experienced similar pains in the past which had been corrected with a chiropractic adjustment. So he went to the chiropractor and was adjusted but was advised that his vertebrae were not really out of place. The pains did not go away . After several more days of pains he had a* Zyto* scan done. The scan showed that he needed to take *Lobelia, Yeast Fungal Detox* and* Lecithin *capsules along with his regular program of *Psyllium* *Seeds* and *LB-X*. Muscle testing indicated that there was yeast in the area near his right ear so he also did the* Silver Shield *protocol- 1 bottle the 1st day, ½ bottle each of the next 2 days and a 3rd bottle spread over 4 days. He also dripped Silver Shield into his ears . Within 3 days the pains subsided and have been gone ever since.

***BACK PAIN ***

One woman woke up during her sleep with extreme back pain and could not sleep. She took 6 capsules of *RE-X* and within 45 minutes the pain subsided. The pain relief lasted for 6 hours then the pain returned. She took 6 more RE-X . This time the pain was relieved for 9 hours before it returned once more. She took 6 more RE-X then went to physiotherapy where 3 vertebrae were out of place, ribs was twisted and the tail bone out of whack. The physiotherapy corrected these misalignments and she is now pain free. RE-X works for pain relief!

HEART PALPITATIONS AND LOW ENERGY LEVELS:

One lady lacked energy and experienced heart palpitations. She took *Chinese Mineral Chi Tonic*, *Super Omega 3* capsules and *Magnesium* in small amounts. She reduced her wine intake. Within 2 months her normal high energy was restored and the heart palpitations were gone.

INFECTED BLOODY ITCHING ANAL AREA AND SCROTUM

One man suffered with an infection in the anal area and scrotum area. It was difficult for him to sleep or stand or sit because of the pain and itch and swelling. There was bleeding in the area even onto the bed sheets. It was extremely uncomfortable, inflamed red and the skin was peeling off. The man was mentally and physically drained. He determined to see Donna Roth and to follow a herbal protocol. He quit using wheat products, sugary foods, juice and milk. He took* Cats Claw *-5/2 times a day and *Mineral Chi Tonic* . * Silver Shield Gel* was applied to the area 3 times a day . He noticed a significant difference in 3 days . The skin had turned pink and the swelling, soreness and itching had stopped.

SEVERE PSORIASIS

One man had a severe outbreak of psoriasis on his hands. He woke one morning to find that his hands were cracked and bleeding in at least 60 cracks. He could not use his hand for anything. This was very painful and irritating. One of the treatments that he used was* Pau D'Arco lotion *over *Silver Shield Gel.* Within 3 days his hands were healed up to the point that his finger prints had reappeared, something that he had not seen for a long time. He is now working in his garden and using his hands with no pain or swellings or itch.

Thank you Donna for an awesome Newsletter:

FOR FURTHER INFORMATION ON THE ZYTO COMPASS AND NATURES SUNSHINE HERBS PLEASE CONTACT YOUR DISTRIBUTOR IN YOUR AREA. IF YOU DO NOT HAVE A DISTRIBUTOR PLEASE CONTACT KATHY DEANE AT 250-547-2281 SO WE CAN GET YOU SET UP AND ORGANIZED ON A TEAM.

DO YOU WANT TO EXPLODE THE SALES IN YOUR NATURE'S SUNSHINE BUSINESS? IF SO THEN

I encourage you to incorporate THE ZYTO COMPASS that can be utilized to STANDARDIZE YOUR OWN SPECIAL HEALTH PROGRAM UTILIZING NATURES SUNSHINE HERBS. AND CAN BE USED FOR BY INDIVIDUAL FAMILY AND FRIENDS.

The ZYTO COMPASS is a simple KISS PROGRAM that WORKS. YOUR CLIENT just places their hand on the hand cradle and the COMPUTER PICKS UP THE NEGATIVE IMBALANCES AND THEN PRINTS OUT THE PROGRAM YOUR CLIENT SHOULD BE ON. In addition it then lists all the Natures Sunshine Herbs that are required and with all the information telling you about the product in general. You then print off a report or email to your client and WRITE UP THEIR PROGRAM.

The cost for this wonderful product is only \$399.00 US & S/H

There is a monthly fee of \$39.00US to maintain your licensing etc.

When I think of all the thousands of \$,s I have spent on TOOLS in my CLINIC

I am in awe at the minimal cost of the ZYTO COMPASS . Currently we have set the following fee structures : At shows/ malls/ etc we are charging a minimum \$20.00 fee for each reading. At your own clinic the fee structure is ranging from \$20 up to \$75 per reading. \$45.00 appears to be the standard. AND for a follow up the norm seems to be running around \$30.00.

Once you have purchased your Zyto Compass Reader you can also make money. For each one you sell you will be reimbursed \$100.00. IT CANT GET MUCH BETTER THAN THAT!

TO PURCHASE YOUR VERY OWN ZYTO COMPASS READER

You may purchase your ZYTO COMPASS through your own Zyto Representative and if you do not have a Zyto Representative then contact Kathy Deane @ 250-547-2281.

AT ALL TIMES A ZYTO PURCHASE ORDER FORM MUST BE FILLED OUT!!!! If you need further assistance then call me at 250 547 2281 and I will assist you in filling out the information for you.

THE ZYTO COMPASS makes health assessments simple - all you have to do is place your hand on a small hand 'cradle', about the same size as a THE PALM OF YOUR HAND. The hand cradle is the interface between your body and a computer, which sends digital signals to your body and measures your body's responses. Your body's energy field responds to over 400 million bits of information per second. Zyto's technology is able to read and measure your body's response to digital signatures which indicate your body's preferences to help bring it back into a state of balance, and consequently, improved health.

ZYTO (tm) technology is used by more than 5,000 doctors and health care providers to make decisions on the health care needs of their clients with 95% proven accuracy. Now that same technology is available in our natural health office AND FOR YOU IN YOUR HOME TO FINE TUNE YOUR FAMILIES PERSONAL NEEDS UTILIZING NATURES SUNSHINE PRODUCTS which can easily BE used to help you make decisions about your personal health and wellness program.

The Compass measure 76 bio-markers in your body. It records THE BIO-FREQUENCY OF EACH MARKER FOR WHAT IS OUT OF RANGE OR OUT OF BALANCE. THE ZYTO COMPASS makes health assessments simple - all you have to do is place your hand on a small hand 'cradle', about the same size as a THE PALM OF YOUR HAND. Then, it gives you a picture of your bio-markers that are out of range. When the Compass registers the imbalance, it looks for the exact NATURE'S SUNSHINE SUPPLEMENTS that bring every one of those bio-markers back into range, or balance. All of our 500+ NATURES SUNSHINE PRODUCTS have been scanned into the compass! Once those supplements have been calculated the Compass then gives you a report on the supplements. It will tell you which supplements bring how many markers back into range. Next it prints a description of each supplement and what it does for the client and why it will correct a problem. It is a very professional report. If you are utilizing this is your own HEALTH BUSINESS THEN at the end of your consultation, you click e-mail and it emails the report to your client. The response by clients to this technology has been fantastic, they are very eager to order the supplements that their body is asking for! For further information on obtaining your COMPASS please contact KATHY DEANE 250-547-2281. "You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete."