

## HERBS FOR CHILDREN by Health Educator Kathy Deane

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Here is some information on the Herbasaur Vitamins. Read below for further info on the other Herbasaur products. Herbasaur products have been designed especially for children. Getting your kids to eat their veggies might be a struggle, but you'll never have to beg them to take their Multiple Vitamins plus Iron. Not only do they taste good, but they contain vitamins plus iron that children need to grow strong, healthy bones. Herbasaur Multiple Vitamins plus Iron is free of any artificial colours, flavours, sweeteners, starches or preservatives. Provides 12 essential vitamins, an important mineral, herbs and antioxidants. Promotes proper growth and development. Helps prevent deficiency disease. Enhances the immune system. Helps reduce the effects of stress. Regulates metabolism and releases energy from digested foods. Health Benefits 100 Chewable Dinotabs. Children's Dietary Supplement. Ingredients: 2 500 IU of vitamin A, 200 IU of vitamin D3, 15 IU of vitamin E, 60 mg of vitamin C, 1 mg of vitamin B1, 1.5 mg of vitamin B2, 1.5 mg of vitamin B6, 10 mg of niacinamide, 7.5 mcg of vitamin B12, 0.2 mg of folic acid, 0.15 mg of biotin, 5 mg of pantothenic acid, and 2.5 mg of iron in an inactive base of consisting of choline, inositol, wheat germ, rose hips concentrate, kelp, and myrrh gum. Sweetened with fructose and flavoured with natural source lemon-lime flavour. **Recommendation: Children under six take 1 tablet daily with a meal. Children over six take 2 tablets daily with a meal.** 1 Attwood, Charles R., M.D., Dr. Attwood's Low-Fat Prescription for Kids, Viking, 1995, pp. 70-71.

I would also have on hand **liquid HRPC** for the children. **HRPC** is designed for viruses and is known to work well in this area. **HRPC** is in a liquid glycerin base so it is palatable for children to take. **HRP-C** stimulates immune response, fights chronic infection and helps treat viral infections, herpes, hepatitis, candidiasis, inflammation of the lymph glands, and tonsillitis. In addition **HRP-C** enhances the body's response to stress and protects the liver from common organic poisons and assists in relieving swelling and inflammation. It relaxes muscle spasms and purifies the blood and eliminates toxins. **HRP-C** also assists in lowering fever. Scientific studies show that this combination is an effective treatment for herpes. 100 capsules. Chinese herbal combination. Ingredients: 400 mg of the finest dandelion root, purslane herb, indigo herb and root, thlaspi herb, bupleurum root, scute root, pinellia rhizome, Panax ginseng root, cinnamon twig and licorice root. **Recommendation: Take four capsules with a meal two to four times daily. Also available in a 59 mL glycerin base liquid extract. Recommendation: Take 1/2 to 1 teaspoonful (2.5 to 5 mL) 2 to 4 times daily with water. Children should only use one-half the recommended dosage.** *HRP-C is a Chinese herbal combination which strengthens immunity against bacterial and viral infections, including extremely contagious diseases. It contains herbs which provide powerful antibacterial, antimicrobial, anti-parasitic, and antiviral activity against numerous pathogenic organisms. Did you know? HRP-C was developed according to century's old Chinese herbal philosophy by a traditional Chinese medical doctor, Wenwei Xie. When looking for a company to share his formula with, Dr. Xie picked Nature's Sunshine above all the rest.*

In addition if your children show any sign of the sore throat that is going around then **RUB IMMEDIATELY THEIR THROAT WITH THE NATURE'S SUNSHINE SILVER SHIELD GEL – AND I WOULD DO THIS EVERY HOUR.** They could also take the Nature's Sunshine Silver

Shield Liquid 1 tsp – 2 x a day - use a plastic spoon not metal. Nature's Sunshine Silver Shield - The Super Hero to Combat Germs - Silver Shield (4 fluid oz.) **Stock #4274-1** -Silver Shield Gel Stock # GEL 85ML Stock No.: 4950-1 **SILVER SHIELD: REVOLUTIONARY SILVER FOR THE BODY!** Dr. Gordon Pedersen (Ph.D. in toxicology with a Master's degree in wellness) NSP Rochester Meeting, June 19, 2007 stated this: "Based on my research, I have found the new silver solution to be a safe and effective weapon against harmful yeasts, viruses, and bacteria. Its low concentration, high effectiveness, and lack of side effects make it an ideal supplement for the prevention and care of conditions associated with these pathogens." Kenneth Friedman, Ph.D. (MIT), M.S. (MIT & Harvard) **"To date, there are no potentially pathogenic bacteria tested that...[this] product has not killed."**  
Dr. R. Leavitt, Professor of Molecular Biology and Microbiology Brigham Young University.

Dr. Gordon Pedersen stated that this special patented colloidal silver worked in 1.2 minutes against the bubonic plague. In the lab they used 160x more plague cells than normal and it killed off 99.9%. This plague killed off over 1/3 of the entire population of Europe. We are going to have modern day plagues ... and we suffer a modern day plague now with MRSA (staph infections). Antibiotics are not helping and people are dying. And guess what Nature's Sunshine carries this patented form. Wow!

This substance has been presented to Homeland Security by Senator Orrin Hatch. General P.K. Carlton, MD, the Director of Integrative Center for Homeland Security has stated in written form, "I would like to bring to your attention a resource that I feel can be used and utilized in the area of bio-defense from bio-terrorism to infectious diseases such as SARS. The ABL antimicrobial has undergone rigorous testing and has been found to kill anthrax, bubonic plague, hospital staph and SARS. It's the first new antimicrobial for the hospital in many years. In addition the product is non-toxic to humans, this product is EPA approved for hospital staph and bubonic plague and currently awaiting section 18 approval for anthrax. In short, we currently do not have anything with such a wide spectrum of efficacy in our inventory. As such, I recommend that the antimicrobial be evaluated for addition to the national pushback stockpile."

How does Silver Shield work? It disables the enzyme that one-celled bacteria, viruses, and fungi need for oxygen metabolism. In the presence of silver, these pathogenic microbes suffocate. Dr. Pederson in his book ' A Fighting Chance – How to Win the War Against Bacteria, Viruses & Mold With Silver, on page 13 states, "Silver Sol is an Ag 404 which means that it is missing two electrons in its outer shell. This means that a Silver Sol has catalytic capabilities. Catalytic means that while one electron is destroying bacteria viruses and mold, the other is being recharged. This catalytic conversion allows the Silver Sol to destroy then instantaneously recharge and: kill: again and again – like a rapid fire machine gun. The result is that Silver sol can destroy thousands of times more pathogens than a simple colloid or ionic silver. This means that Silver Sol can be much more effective at a very safe concentration (5-20 parts per million), which can be potentially consumed every day." And this product is available through Nature's Sunshine. Visit my nsp site at [www.mynsp.ca/kathydeane](http://www.mynsp.ca/kathydeane)

In one powerful experiment, 50 gallons of raw sewage were pumped into a pool without any disinfectant. The E. coli count (a standard measure of contamination) was at 7,000 E. coli cells per milliliter of water. The water was exposed to silver electrodes and within three hours, all 50 gallons were free of E. coli.

Silver Shield is an effective ally in the fight against over 650 disease-causing organisms. These include: bacteria (typhoid, diphtheria, certain types of food poisoning, and pneumonia); viruses (the common cold, influenza, and measles); protozoa (malaria, giardiasis, amebic dysentery); fungi (ringworm, thrush, candida albicans, and athlete's foot); rickettsiae (rocky mountain spotted fever and Q fever); and

chlamydiae (infections of the eye, the genitals, and the respiratory system). There is no known microbe that it does not destroy. Purchase Dr. Pederson's book 'A Fighting Chance.'

It turns out that silver ions are very important for the immune system. They supplement and support the T-cells in fighting foreign organisms, almost forming a second immune system. In research done with AIDS, it appears that silver both protects and defends T-cells, and does their work for them. There is also a correlation between occurrence of illness and the level of silver in the body; people who are ill generally register lower levels of silver in their body. Besides suffocating unwanted invaders, Silver Shield colloidal silver also helps injured tissues grow back. It has been useful in cases of severe burns and broken bones. It reduces scar tissue and helps severe cuts and wounds heal faster.

In closing one of the other most wonderful products we use to stimulate the immune system response is the combination **Cats Claw**. Because children may find it hard to take the **Cats Claw Combination** which we include in our "MAN YOUR WARRIORS PROGRAM" for an immune builder to the system I would then use the **Zambroza liquid** to assist in building their immune systems up. This is something they can do daily along with their Herbasaur program.

**Zambroza**, enhances the immune system and promotes overall health and enhances and promotes energy. Zambroza contains ingredients rich in bioflavonoids and antioxidants. Bioflavonoids enhance vitamin C absorption and help maintain collagen and capillary walls. They also aid in the body's defense system. Antioxidants scavenge damaging free radicals and benefit virtually every organ and body system. Zambroza delivers a punch of antioxidant protection with a high ORAC (Oxygen Radical Absorbance Capacity) value. Among Zambroza's key ingredients is mangosteen, a fruit found in the eastern tropical Countries, such as Thailand. Mangosteen fruit and pericarp (peel) contain the greatest known supply of compounds called xanthenes, which offer powerful immune and cardiovascular support.

I encourage everyone to be on a preventative program with the fall and winter season approaching – and why not make a **CHRISTMAS BASKET** full of these wonderful nutritional super food supplementations for someone's **CHRISTMAS PRESENT** instead of a basket full of sugar? **WHAT A GIFT this would be – definitely A GIFT OF LOVE. If you do not have a Natures Sunshine distributor in your area then please contact me so that I can assist you in receiving these wonderful products for your HERBAL MEDICINE CHEST. Blessings to all – Kathy Deane 250-547-2281 email [nwhhi@junction.net](mailto:nwhhi@junction.net) [www.mynsp.ca/kathydeane](http://www.mynsp.ca/kathydeane)**

Here is the other info on the Herbasaur Products:

**Herbasaur Bifidophilus** products have been designed especially for children. Herbasaur Bifidophilus provides children with the friendly bacteria essential for intestinal health. This good bacteria is easily destroyed by antibiotics and poor diet, leaving children susceptible to overgrowth of "bad" bacteria and parasites in the colon. Did you know? Children born through normal vaginal birth obtain specific bacteria from the mother's vagina. The most abundant strain is known as Bifidobacteria infantis, comprising nearly 99% of all bacteria in a baby's large intestine.

Promotes proper digestion and elimination. Fights diarrhea and helps reduce the risk of developing diarrhea. Helps produce the B-complex vitamins and vitamin K. Increases immunity against harmful infectious bacteria. May help alleviate minor intolerance to lactose. Health Benefits

90 Chewable Dinotabs. Children's Dietary Supplement. Ingredients: sorbitol crystalline (0.527g), mannitol (0.320g), fructose, fructooligosaccharides (a dietary fibre), one billion freeze-dried culture of Bifidobacterium adolescentis and B. infantis, Lactobacillus acidophilus and L. casei subspecies rhamnosus, and natural orange flavour. Contains no milk, wheat, corn, soy products or preservatives. Recommendation: Chew one orange flavoured tablet daily with a meal. · Helps repopulate a child's intestinal tract with the same strains of friendly flora found naturally in a child's system.

**Herbasaur's Elderberry Combo** products have been designed especially for children. Elderberry Plus nutritionally supports the immune and respiratory systems. It is especially helpful during seasonal changes, when the most colds, coughs and viral infections occur, as well as during spring allergy season. Elderberry Plus is free of any artificial colours, flavours, sweeteners, starches or preservatives. Did you know? Recently, this elderberry's age-old reputation sparked new research into its curative powers. It turns out that elderberries, along with other deeply colored berries, contain strong antioxidant compounds that improve circulation, eyesight and connective muscle tissues.<sup>1</sup>

Helps relieve upper respiratory infections, including allergies, colds, fever, and flu. Elderberry helps expel bronchial mucus; relieves respiratory inflammation; promotes perspiration in the event of a fever to help bring down temperatures. Reishi mushrooms inhibit the growth of bacteria and increase immunity against viral infections. Astragalus stimulates immunity and resistance to disease; fights respiratory and urinary tract infections.

60 Chewable Dinotabs. Children's Dietary Supplement. Ingredients: sorbitol crystalline (0.530g), mannitol (0.320g), fructose, elderberry extract, reishi mushroom, astragalus root, and natural lemon-lime flavour. Recommendation: Children take 1 or 2 tablets daily with a meal. Like all supplements, store out of the reach of children. 1 Keville, Kathi, Herbs for Health and Healing, Rodale, 1996, page 345.