

## **“Conventional” Medicine vs. Natural Holistic”**

**These are the fundamental differences between “Conventional” (Allopathic) Medicine and “Traditional” Holistic) Supplementation:**

<b>“Conventional” Medicine (Allopathic Medicine)</b>	<b>“Traditional” Super Food Holistic Supplementation</b>
<ul style="list-style-type: none"> <li>• Reactive philosophy — responds only after a health problem has been allowed to develop and appear</li> </ul>	<ul style="list-style-type: none"> <li>• Proactive philosophy — maintains the body in good working condition and prevents the development of health problems</li> </ul>
<ul style="list-style-type: none"> <li>• Masks symptoms — assumes that if there are no detectable symptoms, there is no problem</li> </ul>	<ul style="list-style-type: none"> <li>• Heals problems — assumes that symptoms appear only after the underlying problem becomes severe</li> </ul>
<ul style="list-style-type: none"> <li>• Equates symptoms with diseases — assigns a “disease name” to a symptom and attempts to develop a chemical or surgical technique to remove the symptom</li> </ul>	<ul style="list-style-type: none"> <li>• Equates symptoms with underlying body imbalances and attempts to provide the nutritional elements that will correct the imbalance</li> </ul>
<ul style="list-style-type: none"> <li>• Attacks symptoms — assumes that if symptoms can be made to disappear then success has been achieved</li> </ul>	<ul style="list-style-type: none"> <li>• Promotes healing — attempts to discover and correct the body imbalances that are creating the symptoms</li> </ul>
<ul style="list-style-type: none"> <li>• Reacts to disease symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• Prevents body imbalances</li> </ul>
<ul style="list-style-type: none"> <li>• Uses man-made system and tools</li> </ul>	<ul style="list-style-type: none"> <li>• Uses God-made system and tools</li> </ul>
<ul style="list-style-type: none"> <li>• Cuts and poisons the body</li> </ul>	<ul style="list-style-type: none"> <li>• Feeds the body, mind, and spirit</li> </ul>
<ul style="list-style-type: none"> <li>• I give responsibility for my health to my doctor, follow his “orders,” and turn my life over to him.</li> </ul>	<ul style="list-style-type: none"> <li>• I take personal responsibility for my own health, consult with my physician, and turn my life over to God.</li> </ul>