

## THE SIMPLICITY HEALING QUALITIES OF ALOE VERA JUICE AND ALOE VERA GEL

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Good Morning everyone, here is a beautiful testimony on the simplicity and healing qualities of the ALOE VERA JUICE from the ALOE VERA PLANT. I am writing about this alone as I do not want to take away from Günter's Testimony. Today, 1 year later, Gunter is MEDICATION FREE, PAIN FREE and still continues to drink approximately 1 BOTTLE A DAY OF ALOE VERA JUICE. Gunter states, "That this was a MIRACLE from God." Thank you Gunter for sharing!



*After you read Gunter's Testimony I have enclosed some info on our wonderful Nature's Sunshine Aloe Vera Juice and Aloe Vera Gel. Enjoy and pass this info on to others.*

**Hello Kathy Deane,**

This is about how ALOE VERA has helped me to survive the medical profession. I wish to share some not so familiar results achieved from a most unusual product. I have suffered for several years from a spinal damage, which was acquired through an industrial accident. I was in a lot of pain. My doctor sent me to a special pain clinic. As far as the medical profession was concerned, my injury would result in total disability. I was made aware of this in 1989 and since then I have been busy providing for my comfort. I had a furniture making business, so I made furniture for myself that would help me extend my mobility. I even purchased a wheel chair.

While working in the furniture shop, I accidentally sliced my hand open, with a carving tool. The cut was deep. I worked alone. I called on a neighbor to take me to the hospital emergency for stitches. That man showed me where to apply pressure, to slow down the bleeding. He went back home, and came back with an Aloe Vera leaf. He sliced the Aloe Vera Leaf open, and placed it on my cut. Then he wrapped it with an elastic bandage. We never went to the hospital that day. Two days later, he came to help change the bandage, to find, that the wound was all but closed up. In fact, there was not even a scab on the wound. I was so amazed, that I made the comment; "there should be a product, which could work like this from the inside out." My neighbor searched the web, and found this amazing Aloe Vera product. When diluted, it is a beverage, instead of a medicinal aid. I began drinking a high dose of this juice every day for 3 months, besides taking my medications, knowing which the medications were likely to damage my kidneys. One day I had to scoot across the line for some consultations with the US government. I figured I was coming back the same day, and didn't pack my med's. Well, it snowed for 4 days and I was stuck there. Yes, I was stuck without medication. But I had no pain. I found that strange. I took inventory immediately, and discovered that the only thing that had changed for me was the drinking of the ALOE VERA juice.

I stopped the prescription medication at once, and have actually experienced a great deal of healing. My spinal column is growing cartilage, which is indicative of good healthy living. My Dr. in Portland compared xrays, and confirms the improvement. That is amazing, and my family doctor is having fits because I am not taking his prescription drugs. Meanwhile, I am convinced that without the Aloe Vera, I would be on my way to a handicap future.

Natures Sunshine has the Aloe Vera Juice product, and you can improve your health, rid yourself of some forms of arthritic discomfort, as I did, and possibly have an improved back. Remember Natures Sunshine, for healthy living.

Gunter

Today, pretty much 1 year later Gunter is still pain free and continues to drink approximately 1 Bottle a day of Aloe Vera Juice. Aloe Vera Historically is used both internally and externally on humans. The gel found in the leaves is used for soothing minor burns, wounds, and various skin conditions like eczema and ringworm. The extracted Aloe Vera juice Aloe Vera plant is used internally to treat a variety of digestive conditions. This brings to mind to me of again how important it is to have our digestive system working correctly, it is the centre of the stove. How can the stove burn good wood if it is not in top notch shape to do so?

The use of this herbal remedy was popularized in the 1950s in many Western Countries. It is recorded that the gel's effect is nearly immediate on burns and wounds; it also applies a layer over wounds that is said to reduce the chance of any infection – just as it did in the case of Gunter.

In addition for Aloe Veras Juice abilities to improve digestion it also assists in the cleansing of the bowels and relieves constipation. It has been used to relieve irritated tissues and promote the healing of skin and stomach ulcers. Aloe Vera Juice has even been known to assist in the regulating of female hormones, and counteracts the symptoms of PMS AND helps regulate liver functions. Aloe Vera helps counteract the symptoms of aging . In addition Aloe Vera Juice fights bacterial and fungal infections.

*“Aloe Vera has been used for ages for its many healing properties. Ancient Egyptians medical writings indicate the use of Aloe Vera for healing infections and wounds, skin problems, and as a laxative. Even today, Ayurvedic physicians use aloe for intestinal worms, menstrual problems, and skin ulcers. Aloe Vera is a source of over 200 nutritional substances. Did you know? There are about two hundred species of this amazing plant, but the Aloe Vera, meaning “true aloe”, in Latin, is considered the most effective healer. Two thousand years ago, the Greek physician Dioscorides wrote that Aloe Vera was an effective treatment for everything from constipation to burns to kidney ailments.”*

Studies have shown that Aloe Vera helps new skin cells form and hastens healing. Did you know? Aloe Vera contains proteolytic enzymes, which break down dead tissues, as well as nutrients, which promote healthy cell proliferation to accelerate healing

Nature's Sunshine Aloe Vera Juice comes in a 946 ml. bottle. The Herbal beverage. Ingredients: Whole Leaf Aloe Vera Concentrate is a concentrated vegetable juice drink made from cold-pressed, fresh whole leaves of aloe vera. Aloe vera juice is a cold stabilized, vegetable juice made from 100% aloe vera pulp. High in soluble fibre, selenium, and vitamin C. Recommendation: Mix 1 ounce of Whole Leaf Aloe Vera Concentrate with a glass (500 mL) of water four to six times daily. Refrigerate after opening.

## **NS Aloe Vera Gel**

Soothes, softens and protects the skin, relieves burns, sunburns and insect bites and promotes healing of burns and wounds. Aloe Vera has the ability to stimulate cell regeneration. Helps treat abrasions, burns, cuts, diaper rash, eczema, insect bites/stings, irritations, psoriasis, scratches, skin rashes, skin ulcers, sunburns, and minor wounds.

Aloe Vera Gel is formulated for topical, penetrating application for a variety of medicinal and first-aid-related uses. Aloe vera has been used for ages for its many healing properties. Ancient Egyptian medical writings indicate the use of aloe vera for healing infections, wounds, and skin problems. Did you know? Aloe vera contains proteolytic enzymes, which break down dead tissues, as well as nutrients, which promote healthy cell proliferation to accelerate healing of burns and wounds. One active ingredient in aloe vera, known as salicylate, provides both anti-inflammatory and analgesic (pain-relieving) properties. Many studies have shown aloe helps the healing of first- and second-degree burns, and also inhibits various bacteria from entering a wound.

The healing properties of Aloe Vera for burns are undeniable. Studies have shown that Aloe Vera helps new skin cells form and hastens healing. The Aloe Vera plant has the amazing ability to provide essential nutrients needed to promote healthy tissue growth by the reducing inflammation and killing bacteria and other foreign organisms that thrive on damaged skin cells caused by burns. Aloe Vera's cooling effect offers instant relief from burns and will typically prevent, or greatly reduce, blistering when applied immediately after receiving a burn.